24th May 2020

Coronavirus Cantata The B side: 'Life in Lockdown'

Here is a **spotify playlist…** of 15 tracks selected by Julia Barton with links to News Articles.

1) Mad World: Tears For Fears

BBC Coronavirus panic: Why are people stockpiling toilet paper?

Perhaps the worst doomsday scenario is this: being stuck on the toilet and finding you're down to the last square.

At least that appears to be the nightmare prospect scaring many Australians right now, who have become the latest group to respond to coronavirus fears by buying toilet paper en masse.

2) Read All About It, Pt III: Emeli Sande

Coronavirus and anxiety: 'Following the news made me have a panic attack'

You wake up, switch on the news, scroll through social media and see endless posts about coronavirus.

Suddenly you've got a headache and your throat begins to feel dry. The symptoms are there when you're worried but disappear when you're distracted.

Right now, it's normal to be worried about what you're seeing, reading and hearing on the news but if you do have anxiety, worries about the virus could be making your symptoms worse.

3) Mr. Blue Sky: Electric Light Orchestra

BBC Coronavirus: Air pollution and CO2 fall rapidly as virus spreads

Levels of air pollutants and warming gases over some cities and regions are showing significant drops as coronavirus impacts work and travel.

Researchers in New York told the BBC their early results showed carbon monoxide mainly from cars had been reduced by nearly 50% compared with last year.

Emissions of the planet-heating gas CO2 have also fallen sharply.

4) Catch The Rainbow: Rainbow

Coronavirus: Rainbow pictures springing up across the country

Pictures of rainbows have started springing up in windows after schools closed in response to the coronavirus outbreak.

Hundreds of schools are encouraging pupils to put up paintings to "spread hope" after a trend started online.

5) She's Like The Wind: Patrick Swayze, Wendy Fraser

Netflix gets 16 million new sign-ups thanks to lockdown

Netflix has seen subscriber numbers surge this year, as lockdowns around the world keep people at home where they want to be entertained.

Almost 16 million people created accounts in the first three months of the year, the firm said. That is almost double the new sign-ups it saw in the final months of 2019.

6) The Unsung Heroes: Kansas

BBC Coronavirus: Remembering 100 NHS and healthcare workers who have died

Tens of thousands of people across the UK have now died with coronavirus, including more than 100 NHS staff and other healthcare workers.

Among them are a pregnant nurse who died before she could meet her daughter; a father-of-seven whose family say he was let down over a lack of personal protective equipment; and a grandmother who colleagues say was one the unsung heroes of the NHS.

7) Space Oddity: David Bowie

Coronavirus: Captain Tom Moore finishes 100th lap in NHS fundraiser

A 99-year-old army veteran, who has raised millions of pounds for the NHS, has finished his 100th lap live on BBC Breakfast - the final in his fundraising challenge.

8) Almost Cut My Hair: Crosby, Stills, Nash and Young

BBC Coronavirus: Dodgy DIY haircuts spark video tutorials

Imagine sitting through a work video call with only half your hair shaved, a mullet, or a chunk cut out.

Weeks into lockdown this is the reality for some, after attempting a DIY cut - or even letting their kids have a go.

9) Africa: TOTO

Coronavirus: Africa could be next epicentre, WHO warns

Africa could become the next epicentre of the coronavirus outbreak, the World Health Organization (WHO) has warned.

UN officials also say it is likely the pandemic will kill at least 300,000 people in Africa and push nearly 30 million into poverty.

10) Don’t Give Up: Peter Gabriel, Kate Bush

BBC Coronavirus: Worst economic crisis since 1930s depression, IMF says

The coronavirus pandemic will turn global economic growth "sharply negative" this year, the head of the International Monetary Fund (IMF) has warned.

Kristalina Georgieva said the world faced the worst economic crisis since the Great Depression of the 1930s.

11) Breathe (In The Air): Pink Floyd

Coronavirus: 'I'm out of hospital, but I have to remember to breathe'

Breathing is perhaps the most natural of reflexes. Who has to remember to breathe?

Ria Lakhani does. In recovery at home in north-west London after a severe case of Covid-19, the sales executive is learning something that most of us never give a second thought to.

"It used to be such a natural action but now I have to remember how to inhale and exhale," she says.

12) Born To Die: Lana Del Ray

Coronavirus: Higher death rate in poorer areas, ONS figures suggest

People living in more deprived areas of England and Wales are more likely to die with coronavirus than those in more affluent places, new figures suggest.

13) Everybody Hurts: R.E.M.

Coronavirus: China mourns Covid-19 victims with three-minute silence

China has mourned the victims of the coronavirus outbreak by observing a three-minute silence, bringing the nation to a halt.

A day of remembrance was declared in China on Saturday to honour the more than 3,300 people who died of Covid-19.

14) Rise Up: Andra Day

Coronavirus: Creativity, kindness and canals offer hope amid outbreak

We appreciate that these are dark times for people around the world, as the coronavirus continues to spread. Numbers of infections and fatalities are rising, cities and even countries are shutting and many people are being forced into isolation. But amid all the worrying news, there have also been reasons to find hope.

15) Wonderful Life: Black

Coronavirus: Family pay tribute to 'wonderful great-grandad'

The family of a UK man who died with coronavirus have paid tribute to a "wonderful husband, dad, grandad and great-grandad".

The 83-year-old, the second person to die in the UK after contracting the virus, died shortly after testing positive in hospital on Thursday.